Overview of SPHL UM*STAR
This program was launched in 2008 with funding from the National Health Lung and Blood Institute (NIH). UM*STAR is designed to provide traditionally underrepresented undergraduate students with two consecutive summers of a 10-week research training and career development program to enhance their potential to apply for and complete graduate degrees in biomedical and behavioral science relevant to preventing and treating cardiovascular disease.

Advice on Applying
When applying to University of Maryland SPHL UM*STAR for the summer of 2016, we recommend:

- Submit all applications materials in advance of the deadlines – letters, transcripts, résumé or curriculum vita
- Request letters of recommendation well in advance of the submission deadlines.
- CIC SROP Application Deadline is February 10, 2016

General Tips on Statements of Interest Submitted through the common CIC application:
- In your statement, please explain your academic experiences to date; your plans for graduate training and specific field of interest in graduate school; your ultimate career goals and how UM*STAR might help you reach your goals; and the knowledge/skills you would like to obtain from the SRI.

UM*STAR Supplemental Questions
We provide supplemental questions which make it easier for us to identify students who might be best fits for our program. Please visit http://www.apps.gradschool.umd.edu/SROP-SPHL.cfm to answer the SPHL UM*STAR supplemental questions.

- Are you a first generation college student? (Yes or No)
- Do you have immediate plans to enter graduate school? (Yes, No, Not Sure)
- Which highest degree is of immediate interest to you? (Masters, PhD, MD, JD, other)
- In 200 words or less, please describe how you would contribute to enhancing diversity in the social and behavioral sciences in your career through your research, teaching, or service.

For More Information:
If you have any questions about the SPHL UM*STAR at the University of Maryland, please contact Dr. James Hagberg at hagberg@umd.edu or Ryan Sapp at rsapp@umd.edu